

Breakfast Club Food & Allergen Information

Dear Parent/Carer,

We are pleased to offer a Breakfast Club for our pupils. The following foods are currently available. Please review the allergen information carefully and notify the school of any allergies, intolerances, or dietary requirements your child may have.

Menu and Allergen Information

Food Item	Allergens Present
Bagels	Wheat (Gluten)
Toast (Bread)	Wheat (Gluten)
Butter	Milk
Dairy-Free Butter/Spread	May contain Soya (depending on brand)
Milk	Milk
Water	No known allergens
Fresh Fruit	No known allergens
Yoghurts	Milk
Cheerios	Oats (Gluten), may contain Wheat
Weetabix	Wheat (Gluten), Barley (Gluten)
Malted Wheaties	Wheat (Gluten), Barley (Gluten)
Wildlife Choobs Kids Strawberry Yoghurt Tubes (6 x 37g)	Milk (the yoghurt and natural flavourings contain milk)

We provide a variety of fruits such as apples, easy peeling oranges, bananas, watermelon and raisins.

For parents of children attending the after-school club, please be aware of the following allergens in the foods we may provide:

Food Allergen Information

☐

Food Item	Contains Allergens
-----------	--------------------

Kingsmill 50/50 Bread	Wheat (gluten), Soya
Cream Crackers	Wheat (gluten) . May contain milk, egg, sesame, soya depending on brand.
Chocolate Chip Cookies	Typically contain Wheat (gluten), Milk, Soya . May contain nuts depending on brand.
Custard Creams	Wheat (gluten), Milk . May contain sesame .
Heinz Baked Beans	No declared major allergens. Suitable for vegans and gluten-free.
Strawberry Jam	No declared major allergens. Contains strawberries, sugar and pectin.
Cheese (Cheddar)	Milk .
Butter	Milk .
Dairy-Free Butter	Usually free from milk , but may contain other allergens such as soya, nuts, or pea protein depending on brand. Product label should always be checked.
Milk	Milk .

Important Allergy Information

Whilst every effort is made to minimise the risk of cross-contamination, food is prepared and served in an environment where allergens are present. We therefore cannot guarantee that any food item is completely free from traces of allergens.

If your child has a diagnosed food allergy, intolerance, or other dietary requirement, please ensure that Breakfast Club staff are informed before attendance.